

# Tanesha Mehmi

Luton

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I have recently left college where I studied on the Prince's Trust course where I learnt vital life skills such as team working, leadership skills, confidence and communication which are all very important for any career path. I am also a very quick learner and won't hesitate to ask for help if I need it, I will also be willing to help anyone in any way that I can.

i also joined The Princes Trust Team Programme. This was a twelve week personal development programme designed to help young people build the skills that they need to enter employment or education. throughout the programme, i was very engaged in various different activities such as mental health community project and work experience. These helped me give me guidance on my career planning, setting goals and becoming more confident in being able to present myself and succeed.

## Work Experience

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### **Order Picker**

4PX - Dunstable

November 2022 to December 2022

Worked at 4PX, I picked orders and put them in their right spot for postal, I also done a lot of housekeeping and used an electrical picking machine.

### **Picker/Packer**

Asendia UK - Bedford

November 2022 to November 2022

At this job, I'd go around picking people's orders for their goods. I also moved to the other section of the warehouse and packed with electric scanners and done some picking with electric scanners

### **Picker/Packer/Warehouse Operative**

Deta Electrical - Luton

August 2022 to September 2022

At deta, I worked as a picker packer, as well as picking and packing I also done little bits of other work like house keeping, I also done a lot of rework with electrical products. I also unloaded trucks that came in and put all items on fresh pallets ready to be restocked or shipped out

### **Offline production operative**

Interfoam Ltd - Bedford

July 2022 to July 2022

At Interfoam, I did 2 different jobs, one was where I was packing chairs. The other was trimming down different parts of foam and check them off for quality checks. I handles a trim machine and sharp equipment.

### **Bar Associate**

J D Wetherspoon PLC

April 2022 to June 2022

My time here my job means a lot, I've been working for Wetherspoons for quite a few weeks now and I have had the Correct training on working behind the bar and also front of house, this gave me the right career path that suits me as a person as I want to have a career in hospitality/ catering and these are the first steps to my journey

### **Nursery Assistant**

Bunyan Pre School

December 2018 to January 2019

During my time here I helped support staff and children by organising fun and educational activities, serving meals, supervising children during play, collaborating with staff members, and attending children in distress. This gave me a good insight into a career in child care.

## Education

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### **GCSE or equivalent in Facilities level 1**

Castle view training - Luton

June 2022 to June 2022

### **GCSE or equivalent in Lean management level 2**

Castle view training - Luton

June 2022 to June 2022

### **GCSE or equivalent in certificate in Employment, Teamwork and Community skills**

school / college - Bedford

May 2021 to July 2021

## Skills

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- Problem Solving
- I am able to look at problems objectively and I like to support people that I am working with by coming up with a solution together. (Less than 1 year)
- Efficient team worker - I work well in a team and I use my initiative to take control of the situation and complete tasks to a high standard. (Less than 1 year)
- Order Picking
- Warehouse Experience
- Picking and Packing
- Communication skills
- Cleaning
- Ground maintenance
- Work well in fast paced environments

## Links

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<http://taneshamehmi.com>

## Certifications and Licenses

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### **Mathematics**

September 2014 to May 2019

Exam result - 2

### **English language**

September 2014 to May 2019

Exam result - 2

### **English literature**

September 2014 to May 2019

Exam result- 2

### **Hospitality**

September 2016 to July 2017

Exam result - 5

### **Health and social care**

September 2016 to July 2017

Exam result - 5

### **Child development**

September 2017 to July 2018

Exam result - 5

### **Certificate in Employment, Team work and Community skills**

May 2021 to July 2021

level 1 pass

## Additional Information

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Reference available on request.