

SAMUEL RUSSELL

CONTACT



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35 Grafton Road, PL4 6QR Plymouth

EDUCATION

FdA - Business Management

Plymouth University

2012-2014

Coombe Dean School

A Levels: Sports Education (C) Business Studies (C) ICT (D)

GCSEs: 11 A-C incl. Maths, English

2003-2011

QUALIFICATIONS

- Full UK driving licence (since 2010)
- Class 1 C+E licence (October 2022)
- Large Goods Vehicle (LGV) Level 2 - Grade: Distinction (Awarded on 11.04.2023)

ABOUT ME

I've been doing delivery and driving jobs for the last 4 years. Got my Class 1 HGV licence in October 2022. Spent the last two years working for the Coop driving Class 1 vehicles daily. Got a full Class C1 UK/EA licence and an up to date CPC and Tachograph cards.

WORK EXPERIENCE

Class 1 HGV Driver

January 2022-December 2023

COOP

- Completing delivery paperwork
- Carrying out basic routine maintenance, such as oil, tyre and brake checks
- Transporting goods from the distribution center to the stores around Devon/Cornwall.
- Operating commercial vehicles up to r 44 tonnes, including rigid truck and, articulated lorries.
- Carrying out multiple pick-ups and drop-offs in each shift.
- Loading and unloading.
- Complying with all relevant driving regulations and rules.

Van Delivery Driver

September 2020-January 2022

Sainsbury's

- Loading and unloading vans.
- Delivering goods to customers houses.
- Complying with all relevant driving regulations and rules.

Residential Care Worker

January 2019- September 2020

The Cambian Group