

RYAN COURAGE

CONTACT

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EDUCATION

PLUME ACADEMY

GCSE's including maths and English

SKILLS

- Able to work within a team or solo
- Strong and fit
- Excellent time keeping
- Quick learner
- Adaptability
- Problem solving
- Experienced driver
- Reliable

ABOUT ME

I am 22 years old and have experience in many different sectors including site work, ground work, delivery driving and factory worker. I have been driving for over a year and have experience in many different environments. I am always willing to learn and would like to gain new skills.

WORK EXPERIENCE

LABOURER

KG ground work Feb 2017 - Oct 2017

Mixing up cement, moving materials and helping out on the job wherever needed. I was able to work well within the team and had great listening skills.

POT STACKER

Darch pack LTD Mar 2020 - Jun 2021

Stacking pots in a factory environment. I had great listening skills and was able to work well within a new team. This was a quick paced job and I was able to adapt to this and keep up.

HOD CARRIER

Roberge Essex Jun 2021 - Jun 2024

Site work including hod carrying and also some brick laying when needed. Able to work within a team or independently. This was a very physical, high paced role. I am strong and fit so was able to keep up in this environment. Great listening skills and time keeping.

DELIVERY DRIVER

Papa John's Apr 2024 - present

Great driving skills and excellent time keeping. Great people skills able to listen to customers and communicate well if any problems arise. Great at following a sat nav and working well within the team.