

RHYS JULIAN

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Date of Birth: 14/07/1996 | **Nationality:** British | **Permit:** HGV Class 1

Professional summary

I am currently a HGV driver with near 10 years experience in the industry ranging from local deliveries to long distance and night trunks. Along side my HGV experience i spent 3 years working in the mining, refining and drying of clay within the mineral industry. In that time i worked my way up to supervisory level as well as gaining experience and knowledge in health and safety regulations as well as project management, team leading and continuous improvement. I am looking to progress my career and im a keen learner wanting to progress in the logistics/transport sector. Interested in attaining my transport manager cpc and academically and physically improving my knowledge and career potential.

Skills

- Time-management
- Truck safety inspections
- Positive attitude
- Physically Fit
- Load security
- Basic vehicle maintenance knowledge
- Long-haul deliveries
- Driver CPC
- Heavy Goods Vehicle operation
- Route and schedule planning
- Superior driving skills
- Driving licence category c+e
- Self-motivation
- Motivated team player
- Time efficiency
- Patience under pressure
- Pre-loading inspections
- Traffic regulations knowledge
- UK driving regulations
- Route planning proficiency
- Driving policies
- HGV safety compliance
- Effective communication
- Digital tachograph interpretation
- Decision making
- Tachograph usage
- Clean driving record
- Safety-conscious
- First aid knowledge
- Health and Safety regulations
- UK transportation laws
- Weight limits adherence
- Fuel-efficient driving
- Vehicle maintenance knowledge
- Health and Safety Compliance
- UK road regulations
- Load securing expertise
- Supervisor experience
- Time management
- Communication skills
- Above and beyond attitude

Work history

HGV driver class 1 07/2023 - Current

Faheys concrete ltd – St austell, Cornwall

- Checked vehicle before each shift, ensuring safety on the road
- Operated HGVs according to UK road laws and regulations, guaranteeing safe use.
- Trained and improved other drivers.
- Specialised in use of heavy machinery and plant as well as the use of my specialised concrete mixer (conveyor discharge)

Site operator/ supervisor 03/2021 - 02/2025

Imerys minerals ltd – Cornwall

- Maintained and supervised the operation of clay refining through various uses of plant and methodical processes.
- Adhered and trained to health and safety regulations.
- Undertook several training courses in health and safety and operational excellence. Kpi's NLTA's, risk assessments, method statements, accident reporting etc.

Education

Yellow belt six sigma qualification

06/2022

Iassc - Cornwall

Qualifications of six sigma and lean management as well as operational excellence. Taken and trained whilst working for Imerys.

Imi motor vehicle maintenance and repair level 2: Mechanical

2013

Cornwall college - Cornwall

GCSEs: Mathematics

06/2012

Fowey community college - Cornwall

Hobbies

My hobbies include

- Darts
- Golf
- Banger racing
- Spending time with my loved ones.