

Ref: General Application/CV

Paul Mcquaide

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Coity, Bridgend

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DOB: 17th APRIL 1974

Contact Number 07366470705

I class myself as a hard working reliable person, i decided on a career change in 2021 as you will see by me CV I worked in heavy industry for the majority of my career involving working long periods of time away from home be it on oil rigs or abroad, this no longer suits my lifestyle as i wanted to be able to spend more quality time with my family. I passed my HGV class 2 license in August 2021 and picked up a lot of experience working with different companies and delivery requirements through agency work, Prior to starting a permanent position with my current company in February 22 and after gaining the experience of driving a class 2 vehicles for the last 18 months I passed my HGV class 1 last year and would be happy to assist you with any HGV work you may have and could be available in a weeks notice.

🚚 EMPLOYMENT HISTORY

HFD

Febuary 2022

HGV driver

September 21 2021 / Febuary 22

HGV 2 driver for RSW various different companies and requirements

November 2019-January 2020 Severn Insulation /Insulation Engineer/Foreman

Dow corning Chemicals

May2019-October2019 Stork Technical Services /Insulation Engineer/Insulation Foreman

Various offshore platforms

March 2015 –July 2018 Shanahan Engineering Insulation/Painting lead

Kusile power station project South Africa

SEPTEMBER-14- March 15 off_shore_Insulation/FM Foreman Stork Technical Services

July 2014 –SEPTEMBER 14 Insulation Charge Hand Stork Technical Services

Various offShore Projects

SEPTEMBER 13-MAY 14 Thermal insulation foreman

Dragon Thermal various projects

JUNE 13-SEPTEMBER 13 Team leader Alstom power

Robin rigg wind turbine project

APRIL 13- JUNE 13Thermal insulation engineer

Cape Aberthaw Power Station

SEP 12-April 13 Insulation Site Superintendant

Keafer C&D Port Talbot Steel Works South Wales

OCT 09- JULY 12 insulation/painting CO-ORDINATOR

Amec West Burton CCGT Power Station

JAN 09-AUG 09 insulation SUPERINTENDANT

Amec Dragon LNG project Milford Haven

2007 -2009 INSULATION/COORDINATOR

Amec FGD Project Aberthaw power station

2006-2007 GENERAL FOREMAN

Severn Insulation Ltd, Aberthaw Power Station

2005-2006 TIE ADVANCED CRAFTSMAN

Hertel Services Ltd, Texaco Refinery Pembroke

2004-2005 SUPERVISOR/COORDINATOR

Severn Insulation Ltd, Aberthaw Power Station

2003-2004 TIE FOREMAN

Severn Insulation Ltd, various projects.

2001-2003 TIE ADVANCED

McGill's Ltd, Queen Mary II, St Nazaire, France

1999-2001 TIE ADVANCED

Hertel Ltd, Various Projects

1997-1999 TIE SUPERVISOR

Cape Industrial Services Ltd, Corus Steel Works, Port Talbot

1994-1997 TIE ADVANCED Cape Industrial Services Ltd, Texaco Oil Refinery Pembroke

1991-1994 TIE APPRENTICE

Cape Contracts Ltd

QUALIFICATIONS/TRAINING

HGV class 1

HGV class 2

CPC Card

Digital Tachograph Card

NEBOSH Health & Safety General Certificate NGC 1

Lifting and slinging level 1

Off shore medical certificate

Bosiet Certificate

Mist Certificate

GWO Sea Survival certificate

First Aid Certificate

Working at heights certificate

Vantage Card

confined space certificate

City & Guilds in Thermal Insulation – TICA/Cape

ICORR Painting/coatings Inspection level 1

CCNSG (Safety Passport) – Barry Training Services

Accident / Incident Investigation Reporting – Severn Insulation Ltd

Quality Management Systems Training – Severn insulation Ltd

Risk Assessment Training – Severn Insulation Ltd

Asbestos Removal Supervisor – Cape Contracts Ltd

‘First Step’ Behavioural Safety Training - Amec

Waste Duty Holder certificate - Amec

Managing Environmental Responsibilities certificate - Amec

Safety Watch/Standby training - Amec

Asbestos Risk Management training – APEC

Scaffold appreciation and awareness training – Amec

🏠 EDUCATION

1986-1991 Dyffyn Comprehensive School, Port Talbot

GCSE

Mathematics English Language

🏠 INTERESTS/HOBBIES

Golf /Fishing/keep fit

REFEREE

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