

# Michael Cassidy

Bexhill

[m.cassidy98@yahoo.com](mailto:m.cassidy98@yahoo.com)

+44 7368 366116

A highly motivated person, who can work and develop efficiently across a variety of different situations. Flexible, adaptable, and enthusiastic to any task given demonstrating good time management skills and able to maintain high quality work in high pressure situations with an outstanding level of self-discipline.

I enjoy working independently and taking on new challenges and responsibilities, which combined with my desire to explore new places and meet new people, led to me wanting to pursue a career in driving. After having just completed my HGV Class 1 licence, I am now looking to start a long-term career in this field.

## Work Experience

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### **Skip Lorry Driver**

Scrapco Metal Recycling Ltd - Paddock Wood

November 2022 to Present

Carry out daily checks of the skip lorry, completing paperwork and adhere to strict tachograph regulations. Deliver and collect skips and liaise with customers on a daily basis. Report to supervisor daily.

### **HGV Class 2 Driver**

Warburtons - Paddock Wood

June 2022 to November 2022

Carry out daily checks of the lorry. Deliver multi stacks of bakery items to multiple locations on a pre planned route. Follow strict taco card laws and follow strict company guidelines for driver hours. Complete paperwork and Pda computer information daily.

### **General Operative/Plant Operator**

C J Thorne

June 2017 to June 2022

As a General Operative my role is to carry out tasks set by site supervisors to a high and safe standard. This varies day-to-day, and usually includes some of the following duties:

- Unloading equipment and materials from deliveries.
- Ensuring I am effectively briefed on all tasks and understand all relevant risk and method statements, using best/safe practice on all tasks carried out.
- Conducting quality/safety checks on any equipment used.
- Maintaining a safe and tidy place of work.
- Ensure the completion of works is on time.
- Implement best practice procedures.
- Following all onsite compliance, ensuring I am signed up to all permits and briefings before commencing any work.
- Communicating effectively with colleagues and site management.

- Communicating with site supervisor on any health and safety concerns, giving feedback to site management with near miss/close call reporting.
  - Attending all site briefings, forums and toolbox talks.
- Working various part-time/full time roles alongside each other  
Security Officer, Phaseone Security 2016 to 2017

### **Environmental Enforcement Team Leader**

Kingdom Security Limited

January 2015 to December 2016

County Court certificated Enforcement Officer (Self-employed) 2015 to 2016

### **Environmental Enforcement Officer, 3GS (UK) Limited Door supervisor (Part-time)**

Cameo Nightclub

January 2011 to December 2015

### **Health Care Assistant**

Conquest Hospital

January 2008 to December 2015

### **Infantry Soldier**

British Army PWRR

January 2004 to December 2008

Passed out of training and proficient in minor unit tactics.

- Proficient in Section Level Weapons.
- First Aid Trained

### **Car Mechanic (Apprentice)**

Cassidy's Garage

January 2003 to December 2008

- Helping out while I was home from the Army
- Identifying and fixing problems with customers cars
- Customer Service
- General workshop assistance

## Education

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### **nursing**

Brighton university

2010 to 2013

### **GCSE in English in Maths, Science and Media Studies**

Hastings College

2000 to 2002

Kingswood Senior School

1995 to 2000

## Skills

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- Always determined to complete tasks on-time and to the best of my ability
- Extremely hardworking
- Punctual/reliable
- Able to work effectively both independently and in a team
- Time management/organisation
- Commercial Driving
- Hazmat

## Certifications and Licenses

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**HGV Class 1 June 2022 to Present Passed first time with 0 minors CPCS (Construction Plant Competence Scheme) Excavator November 2020 to November 2022 Trained to use 360 Excavator**

## Additional Information

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Just completed a Hiab course with the hook attachment and the controls.