

## CIRICULEM VITEA

NAME: Jason Parr

Age: 48

Marital Status: Married

English, GB

Address: 109 Ashurst Drive, St Helens, WA11 9DJ

HGV Class 1 Driver since 1997, trained in all traffic regulations & driver working time directive

Tacho card & CPC card.

Mobile: 0746 357 4344

jayparr9999@googlemail.com

### Secondary Education

Southlands High School, Chorley 1985/90

Qualifications

- Mathematics B • English B
- Geography C • French C
- C.D.T. B • Music A • Economics C

### Further Qualifications

NVQ Level One & Two (1991-93) Retail

NVQ Level Three & Four (1993-95) Management

City & Guilds Level Two (2003) PC Maintenance & Repair

### Work Experience

**BRS Truck Rental** (HGV Driver) 2002-2004

Check / clean and deliver vehicles

**Roadferry Transport** (HGV Driver) 2004-2006

Groupage / Multi Drop, draw-bar work, Leyland, Lancashire.

**Drive Direct** (HGV Driver) 2013-June 2015

Trade plate driver of new un-reg HGV vehicles.

Sale, Cheshire.

**Co op Distribution** (HGV Driver) 2013-2017

Shop deliveries Class 1 vehicles, RDC

**Lidl RDC / DHL** (HGV Class 1) 2018-2020 Loading pallets with Electronic truck and unloading at various stores.

**Hermes / Evri** (HGV Driver) Jan 2020-Present

Parcel collection and deliveries, Sometimes on class 2 and vans.

**Foster Carer** 2018 - Cont. my wife and I have been busy helping children, long term and short.

### SKILLS AND ABILITIES

Excellent communications skills, ready to help attitude.

Understanding of refrigerated trailers,

Fully skilled in PDA / Mobile devices.

Draw-Bar, Tail lift deliveries and multi drop.

Clean Licence and patient approach to other road users.

### HOBBIES & INTERESTS

Camping, historic public buildings, local gov, walking and crown green bowls.

Further information and references available on request.