

Jack Cooney

Nottingham

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Personal Details

Driver's License: B, C, C1, Cars

Eligible to work in the UK: Yes

Work Experience

Picker

ALDI - Sawley

August 2021 to Present

- Picked orders using a voice picking headset.
- Trained to operate a LLOP and quick pick truck.
- Stacked stock on pallets maintaining stability and height to minimise damage. Also, wrapped pallets with the correct labelling ready to be delivered to store.
- Worked collaboratively with goods in, helping replenish stock using a stacker truck, maintaining clear communication throughout.
- Trained new employees on LLOP/Quick pick trucks following the policies set by Aldi, to ensure they're safe whilst operating said trucks.
- Ensured effective communication and listening skills have been used working with the training team to ensure all new employees understand their roles at Aldi and constantly giving feedback to my supervisor about each employee and their progress.

Warehouse Operative

Extra Personnel - Derby

August 2020 to August 2021

- Used correct manual handling techniques to stack parcels under timed conditions
- Worked in a team environment to increase productivity and aided with parcels which may be heavy/oddly shaped.
- Followed all work procedures and safety guidelines to ensure work was being done in a safe manner.
- Described as an up-beat, grafter with a good sense of humour by colleagues.
- Worked at DHL EMA for 11 months as a sort agent.

Work Experience Student

Nottingham Police Headquarters - Nottingham

July 2016 to July 2016

- 2 weeks working in different roles of the police force.
- Problem solving skills were developed and tested whilst we were investigating a scene of an accident, created by the employer. Whilst working as a small group, we were able to solve the incident and blame

the correct driver, for this reason, we had to use patience but remain focussed to reach our end goal in such a small timeframe.

- Successfully being able to produce and present factual information about the police force and why you should join it. Working individually, I had to use my creativity skills to make the presentation stand out and look appealing.

Teaching Assistant

Hadyn Primary School - Nottingham

May 2016 to May 2016

- 1 week experience supporting teachers with assisting children aged 4-6 years old with their class work.
- Adapted my behaviour to fit the needs of a child with learning disabilities so they could understand me and interact with the work.
- Was able to work with a big team of staff members at the school, rotating positions on break/lunch times and was able to look after the safety of the children.
- Given the opportunity to teach the class during a maths lesson. I had to adapt my communications skills so that the year 1 class could understand what I was saying. I smoothly worked my way around every individual ensuring they understood what they had to do.

Education

A-Level in Sociology, Geography

Bilborough College - Nottingham

September 2017 to July 2020

GCSE in Maths, English, Science, Geography

Nottingham University Samworth Academy - Nottingham

2013 to 2017

Skills

- Team player and a good listener
- Can use Initiative and think quickly on my feet
- Clear Communication Skills
- Hard working to complete set objectives and tasks
- Problem Solving
- Time Management
- Transferable Skills
- Organised
- Can work under pressure
- Motivated to completing tasks/objectives
- Warehouse Associate
- Picker Packer