

Dan Parker CV

Summary

I am an experienced Cat C driver who has recently passed his C + E test and am looking to take the next step in my driving career.. I am a worker who takes pride in efficiency above all else. I work to deadlines extremely well, planning my days down to the minute. I enjoy long journeys, am able to remain focused for long periods of time and will always work to deliver on company promises to customers. I am fully qualified, in possession of my Driver Qualification Card, Digital Tachograph Card and am eager to begin working.

Academic Achievements

HGV TRAINING NETWORK/APEX TRAINING SERVICES (2022)

- . Large Vehicle Test of Driving Theory first time pass (90/100).
- . Large Vehicle Hazard Perception Test first time pass (75/100).
- . Large Vehicle Off-Road Manoeuvres Test Pass Certificate first time pass.
- . Category C Driver's License first time pass.
- . Driver Certificate of Professional Competency first time pass (95%).
- . Category C + E Driver's License first time pass.

UNIVERSITY OF CHESTER (2015 - 2017)

- . BSc in Animal Behaviour and Welfare 2:1 pass.
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Key Skills

FUNCTIONAL TECHNICAL

- . Experience driving a Cat C vehicle through busy cities, on motorways and in small villages.
- . Comprehensive understanding of road safety laws.
- . Knowledge of how to properly load and unload a variety of load types.
- . Proper knowledge of how to distribute and secure the load for maximum safety prior to journeys.
- . Comprehensive knowledge of vehicle pre-journey safety checks.
- . Solid understanding of Digital Tachograph cards and relevant EU legislations governing working hours.
- . Highly experienced in organising large work loads to ensure maximum efficiency.

PERSONAL

- . Experienced in working with customers to meet their needs.
- . Friendly and laidback disposition.
- . Have lots of personal experience with long journeys on the road.
- . Am physically fit and in very good health, able to load and unload heavy items when needed.
- . Happy to work days or nights as well as overtime.

Employment History

CATEGORY C MULTI DROP DRIVER - JOHNSON'S HOTEL LINEN (11/22 - PRESENT)

Relevant skills gained from the position:

- . Experience driving a range of makes, with different types of tail lift.
- . Experience with loading and unloading of cages.
- . Experience fully loading and securing my own lorry at the start of each day.

CATEGORY C MULTI DROP DRIVER - MATTHEW CLARK (10/22 - 11/22)

Relevant skills gained from the position:

- . Driving curtain sided lorries, understanding how to secure them properly and what to check for to ensure they are functioning correctly.
- . Unloading heavy palletised goods using a pump truck with limited space on the back of the lorry.

CATEGORY C MULTI DROP DRIVER - BRAKES (07/22 - 10/22)

Relevant skills gained from the position:

- . Driving manual lorries (6 speed and 4up 4down gearboxes).
- . Making multi drop food deliveries (as many as 18 drops in a day) to a large variety of customers.
- . Handling cages, straps and stillages. Moving them onto and off of lorries as well as securing them properly.
- . Use of pump trucks and sack barrows to move goods from the lorry to the delivery point.
- . Manoeuvring lorries in very tight customer premises.
- . Identifying and picking stock from the back of the lorry whilst on customer premises.
- . Using refrigerated lorries (frigoblocks and carrier units).
- . Safely transporting large amounts of food products (frozen and chilled) from depo to customer, identifying any poorly loaded stock and rectifying it before leaving the depo.
- . Filling in all relevant paperwork throughout the day.
- . Planning my day based on the drops I have to do, figuring out which order is best to do them in.
- . Practical application of CPC knowledge e.g. vehicle checks, tachocard usage, working time directive and monitoring driving hours.

UNIT SPECIALIST - MARS PET CARE (2017 - 2022)

Relevant skills gained from position:

- . Ability to manage large workloads with quality and efficiency in mind.
- . Ability to develop friendly and professional relationships with a diverse group of colleagues and customers
- . Ability to recognise and spearhead positive change in ways of working when needed.
- . Ability to adapt to sudden change and reevaluate plans with minimal notice.

References

HELEN BARON-HALL

Position: Supervisor

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